



European Real Estate Summit



Helen Kings
Director, Asset Management
Inhabeo

Helen oversees all UK assets for Inhabeo, a living sector platform working exclusively with KKR to invest in Core+ and Value Add investments across the UK and Europe. Specialising in Build to Rent and Purpose Built Student Accommodation, Inhabeo enhances value through strategic planning, sourcing, underwriting, development, financing, and active asset management.

A recognised expert in the living sectors, Helen is also the founder of Kings Residential, a boutique advisory firm, and former Managing Director of Touchstone, one of the UK's largest residential property management companies.

In addition, Helen serves as Chair of the Association for Rental Living, collaborating with investors and developers to elevate the profile of the purpose-built living sector with government stakeholders. She is particularly passionate about proptech and its role in advancing property management and building strong living communities.

A Chartered Director, Associate of RICS, and longstanding member of the British Property Federation Living Sectors Committee, Helen has been named a Resi Trailblazer. She is also dedicated to mentoring parents returning to work through the Leaders Plus programme.

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